



COMMUNITY *Links*

Your FREE local community magazine
Fair Oak | Bishopstoke | Upham | Durley | Horton Heath

All Aboard the Wyvern Anniversary Special!

It was all aboard a 1950s vintage bus for staff, students and special guests recently as they launched the College's Diamond Jubilee celebrations, recreating the journey from Fair Oak to Eastleigh that has become a significant part of the College's history.

Continued on page 7



Autumn Edition

2017



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USEFUL CONTACTS

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Stokewood Surgery**
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Bishopstoke Methodist Church
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01489 782 445
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07486 380026
New Hope Hampshire
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St Swithun Wells Church (Roman Catholic)
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St Thomas' Church
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The Salvation Army
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Bishopstoke 50+ Club
Dorothy Tennet - 023 8069 3212
Choi Kwang Do
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Bishopstoke & Fair Oak Good Neighbours
Wendy Sheehan - 023 8069 3032
Eastleigh District U3A
Discussions, meetings and social events
Fair Oak Village Hall, every 3rd Wednesday
of every month - 023 8060 0218 or for info
website: u3asites.org.uk/eastleigh
Eastleigh District Scouts
www.eastleigh-scouts.org.uk
Eastleigh Ramblers
www.eastleighramblers.org.uk
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Fair Oak Cricket Club
Chris Featherstone - 023 8061 5641
www.fairoakcc.play-cricket.com
Fair Oak District Girlguiding (For Rainbows, Brownies and Guides)
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Chairman - 023 8069 2985
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Welcome Club
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Mrs English - 023 8069 2197
Women's Institute
Jenny Carkett - 023 8069 4145
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tonystevens@wyvernfc.org.uk
Wyvern Indoor Bowls Club
Dennis Foster - 023 8069 5852

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Stokewood Doctors Surgery
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Fair Oak Dental Practice
023 8069 4030
Riverside Dental Practice
023 8061 3535
Southampton General Hospital
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Royal Hampshire County Hospital
01962 863535

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0845 6035631
Hope Job Club, practical help on getting
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Blue Star Bus
023 8023 1950 - www.bluestarbus.co.uk
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08457 484 950 - www.nationalrail.co.uk

SCHOOL & COLLEGES

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www.durley.hants.sch.uk
Fair Oak Infant School
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www.fairoakjunior.co.uk
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023 8036 7200
www.barton-peveril.ac.uk
Eastleigh College
023 8091 1000
www.eastleigh.ac.uk
The King's School - Fair Oak
023 8060 0986

LOCAL AUTHORITIES

Direct Gov - Range of Government
information and services.
www.direct.gov.uk
Eastleigh Borough Council
023 8068 8068
www.eastleigh.gov.uk
Hampshire County Council
0845 603 5638
www.hants.gov.uk
**Fair Oak and Horton Heath Parish
Council**, Village Hall, Shorts Road, Fair
Oak, Eastleigh, Hampshire, SO50 7EJ
Tel/Fax 023 8069 2403
fairoakparish@btconnect.com
www.fairoak-pc.gov.uk

DIARY DATES

Saturday 18 November 2017 – 11am-7pm.

Eastleigh Christmas Lights Switch on.

The Christmas countdown officially starts when Santa switches on the Christmas lights and a day of fun and festivities get under way. A Christmas Market, Fun Fair on the Rec, Longdown Mobile Farm, Santa's Grotto at Eastleigh Museum, stalls up and down Market Street & High Street, Open Day at The Sorting Office, Live entertainment throughout the day, Light Parade starting at 5.15pm. The event's finale will be a FREE dazzling fireworks show!

**20 November to 22 December 2017 –
Winchester Cathedral Christmas Market.
Open from Sunday-Wednesday 10am-6pm.
Thursday-Saturday 10am-7.30pm.**

Started in 2006, the Winchester Cathedral Christmas Market is recognised as one of the best in Europe with its unique location, high quality exhibitors and bustling atmosphere. Wonderful Christmas gifts, decorations and festive foods can be found in abundance.

**29 November to 2 December 2017 - 7.00pm.
Guys and Dolls JR, Wyvern College, SO50 7AN.
023 8069 2679.**

Adults £8.00, Children/Concessions £6.00.

Based on the legendary, multi-award winning, musical comedy classic about rolling the dice and falling in love under the lights of Broadway, this promises to be another great Wyvern show!

**30 November to 2 December 2017 –
The Gingerbread Man, The Point Youth Theatre,
Eastleigh SO50 9DE.**

Prices £7.00-£9.00.

023 8065 2333.

Run, run, run as fast as you can! An explosive tale that promises to be both fast and furious. As The Gingerbread Man makes his daring escape from the bakery he meets a host of classic characters from your favourite fairy tales. Inspired by classic action blockbusters and children's tales this is a Christmas delight for all of the family.

**2 December 2017 to 3 January 2018 – 10am.
Festive Fun at Manor Farm Country Park, normal
farm admission charges apply SO31 1BH.
01489 787055.**

Visit the farm throughout December for a host of Christmas activities. Help the elves find Santa's lost presents in the trail, visit Elf Training School, make a Christmas craft, listen to a festive story and visit the Winter Woodland barn. Hang a special Christmas wish on the wishing tree and write a letter to Father Christmas to post in the special North Pole post box. While you are exploring the farm, can you find the naughty elf - what mischief is he up to today?

**24 January to 27 January 2018 –
Bishopstoke Players present Little Red Riding
Hood, Bishopstoke Memorial Hall, SO50 6LQ.
Tickets £6-£8.
07871 006551.**

Proceeds will be donated to the children's charity Action for Children. This amateur production of "Little Red Riding Hood" is presented by special arrangement with SAMUEL FRENCH, LTD.

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Fair Oak, Hants, SO50 7AN

A number of our students had a fantastic opportunity to visit Morocco in the summer. You can read about their amazing experiences in the magazine but equally interesting are the challenges they faced prior to the trip.

One of the aims of the trip is that students should raise the necessary finances to pay for it, so for many this involved taking on part-time jobs, endless lunchtimes at school selling items, saving all their birthday and Christmas money, not to mention individual fundraising events. It certainly underlined how hard it is to fund a trip of this kind, but also at the same time instilled the importance of making the most of every experience on offer throughout the two weeks.

Likewise, a suitable level of fitness was essential for the expedition stage of the trip – a five-day trek in the High Atlas Mountains. To prepare, students took weekly Morocco Fit sessions from January and followed a fitness regime at home. Again, their efforts paid off and despite achy limbs, painful blisters and problems acclimatising to the altitude, they all successfully reached the mountain summit.

Our annual Wyvern 10K race report also features in this edition. For many participants, the race was probably their first formal running challenge and like our Morocco students, they spent a considerable amount of time preparing in advance. Well done to everyone who took part, but particularly the first timers who undoubtedly enjoyed a great sense of achievement as they crossed the line and will treasure their first ever race medal for years to come.

Congratulations must also go to one of our staff who has taken on a series of demanding challenges this year, and you can read about her experiences training for and taking part in duathlons and a triathlon to raise funds for Macmillan Cancer.

Hopefully, one or all of these stories might help to inspire, encourage or motivate any of you who might be thinking of taking on a similar challenge in 2018! Elsewhere in this edition, we celebrate the launch of Wyvern's 60th anniversary celebrations in a vintage bus, visit Kew Gardens with our Art and Photography students, and marvel at the amazing cakes with a geographical theme in the first Geography Bake Off!

Sue Boswell, Editor

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Where Are They Now?

In this edition, we focus on former Wyvern students Lizzie Dearden and Michael Kurn, who have both pursued careers in the media industry. They left Wyvern in 2006 and were Head Girl and Head Boy respectively in their last year at the College. If you know someone who could be featured in a future edition, then please do email s.boswell@wyvern.hants.sch.uk.

Lizzie Dearden

The years you attended Wyvern: 2001 - 2006

What is your current position?

Home Affairs and Security Correspondent at The Independent

Where did you experience your primary education?

Fair Oak Infant and Junior Schools

Are there any memories that you would like to share about that experience?

Mostly I remember falling over a lot in the playground, as well as having my first newspaper experience working on Fair Comment at the Junior School.

What subjects did you enjoy most at Wyvern?

My favourite subjects were French, German and English, where I had a great teacher called Miss Cross who made the lessons lively and brought a lot of current affairs into play.

Do you have significant memories of your time at Wyvern?

Too many to count! I made some great friends who I'm still close to now, and they made lessons fun. I remember running for Head Girl and being petrified of making my speech, then being astounded when I was awarded the post.

Can you outline your career path since leaving Wyvern?

I went to Barton Peveril and then to the University of York, where I studied English and Related Literature and threw myself into student journalism. After leaving, I did an NCTJ course in newspaper journalism, then got my first full-time job on a local newspaper in 2012. I worked my way up to Senior Reporter before starting weekend shifts at the Sunday Times and The Independent, who took me on full-time in 2014. I was promoted to Senior Reporter and then to my current post.

What critical points led to success in your chosen career?

The best advice I received was from a journalist at the Mid and West Hampshire Observer during Year 10 work experience. He said to bypass journalism

degrees, take an NCTJ and get as much experience as possible, all of which I followed. I've also learnt that you need to push hard for jobs in the media industry. Qualifications

will only get you so far, as editors are looking for experience, which can be tricky to get as revenues fall and outlets cut staff.

What pitfalls have you overcome or made you rethink your plans?

I had hoped to stay in local journalism for five years, as it is fun, challenging and varied. But the company restructured after two years and although I kept my job, it changed dramatically and I didn't feel able to stay.

What skills, qualities and characteristics do you consider important to having a fulfilling life?

I think it's all in the work-life balance. You spend lots of time working towards qualifications and it can be easy to continue driving yourself hard when you leave education. There's a saying that you can 'live to work or work to live'. I think there needs to be a balance and even if you love your job, you need to enjoy other parts of life too.

Is there any advice you would give to students today to support them in finding a niche for themselves?

For students hoping to be journalists, I would advise against narrowing themselves down to only journalism, either as degrees or through media studies, for example. An NCTJ qualification does not require a degree and is shorter and cheaper to complete – it's experience they will need. Any specialist knowledge or niche is also helpful to get into the industry, which has many general reporters fighting for jobs while other areas struggle to find qualified journalists. If they have another interest, like maths, languages, science, then keep that up to GCSE and beyond if they want, as it will be a strength in the future.



Michael Kurn

The years you attended Wyvern: 2001 - 2006

What is your current position?

TV Presenter

Where did you experience your primary education?

Durley Primary School

What subjects did you enjoy most at Wyvern?

I wasn't the most academic but I always enjoyed Geography and PE. It was the teachers who made the most impact on me at Wyvern. A whole host of teachers inspired me and still today in everyday life, the lessons they taught play a part.

Do you have significant memories of your time at Wyvern?

Being Head Boy has to be the top one. The journey and process was something I really enjoyed, from the presentation to the school, to the interview and then the sense of achievement when I was chosen to be Head Boy.

Can you outline your career path since leaving Wyvern?

Since leaving Wyvern I have been on a crazy journey. From working in local radio, disappearing off to sea to work for P&O for a year to heading off to Rio for the Olympic & Paralympic Games. Ultimately it has so far been a ten year journey from wanting to be a footballer to realising I wasn't going to make it as a player. The challenge was then to find a new path to get to the Premier League or an FA Cup Final. I have been so lucky to get to where I am now and feel very blessed to be presenting the Premier League for the World TV Feed. It hasn't been easy but it's been worth every second of sacrifice to get there. Working in television is something I really love, the people you get to meet and the places you get to see are amazing.

What critical points led to success in your chosen career?

I would say having the desire to make it despite the knock backs. In any career path you will face rejection and people saying you won't make it, but I have found that it makes me stronger. Every time someone says no to me or there isn't an opening, I



work hard to find a way to make it happen. Ultimately I think that's what has been key, a desire to succeed and never give up.

What pitfalls have you overcome or made you rethink your plans?

Plenty! I have lost count of the times I have questioned if I am doing the right thing. In the early days when work was hard to come by, that was the hardest. When you're passionate about something but you don't seem to be making any progress it can be incredibly hard. Ultimately the light at the end is what kept me focused and that has taken me to where I am today.

What skills, qualities and characteristics do you consider important to having a fulfilling life?

The key to a fulfilling life is happiness, waking up every day and loving what you do. Being passionate about life is key and having the desire to wake up every day with a smile, no matter how tough the challenges are that lie ahead.

Is there any advice you would give to students today to support them in finding a niche for themselves?

Find something you love and make it your career. I live my life by the 'Desire Dream Vision' philosophy. No matter what you want in life you can get it. Find out what you love to do and make that your career. It probably won't be easy but it will be worth it in the end.

Thinking of a Career in Teaching?

Are you an ex-student with a high academic profile and considering a career in teaching?

In partnership with our local primary and secondary schools, Wyvern College now offers a school-based Primary and Secondary PGCE. Both bursary funded and salaried positions are available. Make a difference to our local children, just as Wyvern teachers made a difference to you.

To find out more, visit: www.wildernpartnership.co.uk.



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continued from front cover...All Aboard the Wyvern Anniversary Special!

Wyvern first opened its doors in Eastleigh in 1958, with students travelling from the outlying villages on a fleet of buses. The Fair Oak site was built in 1966 but with increases to the population and the school leaving age, it still could not accommodate all students. Therefore, the journey to Eastleigh was part of school life for many students until 1978.

Passengers on the anniversary special, which was operated by volunteers from Southampton and District Transport Heritage Trust, included guests who used to make the journey as students, one of whom is the current Mayor of Eastleigh Councillor Maureen Sollitt. The College was also delighted to welcome two previous headteachers, Sheila Campbell and George Davies. With current students wearing school uniforms from different eras and the bus decorated in colourful bunting, it was a lovely atmosphere for sharing memories from the last sixty years.

Although the original school building in Eastleigh no longer exists, the bus still made a symbolic stop to pick up Jan Edrich and Jonathan Prest, the Principals of Eastleigh College and Barton Peveril College. After returning to Wyvern, guests enjoyed looking at a variety of memorabilia and Alan Newton, Sheila Campbell and George Davies cut an anniversary cake.

Headteacher, Alan Newton, said, "All those who took part in this commemorative journey represent the proud evolution of an institution that has served the local community with distinction for six decades. We look forward to celebrating Wyvern's rich heritage over the coming year and to advancing to the next sixty years!"



Additional events to mark the College's 60th Anniversary include the Wyvern Story, a timeline illustrated with memories and photos which is available to view on the College website at www.wyvern.hants.sch.uk, and a celebration concert as part of the Arts Festival in July 2018.

To celebrate our 60th anniversary, we have delved into our archives and received some fantastic contributions from former students and staff, which have enabled us to produce the 'Wyvern Story'.

From its early beginnings in Eastleigh to the current site in Fair Oak, the school has seen many changes over the last six decades. As well as five different names, four headteachers and two locations, the school has welcomed thousands of students and adults as it provides education and community facilities for the local area. It would be impossible to include all the material that we have, so the Wyvern Story is a timeline of key points in our history, illustrated with some interesting facts, memories and photos along the way. It can be viewed on our website at <http://www.wyverncollege.org.uk/2017/09/19/the-wyvern-story>.

In addition, we were fortunate to be loaned some 1960s Wyvernian magazines by former student Dave Brown. These give a fantastic insight into what Wyvern life was like at that time and have been scanned so that they can be shared with a wider audience. They are available to view at <http://www.wyverncollege.org.uk/1960s-wyvernian-magazines>

It's still not too late to take part in our anniversary celebrations, as we are continuing to collect memories. If you come along to one of our events during the year, then please do complete one of our 'memory postcards', which we aim to display as part of our Arts Festival in July.

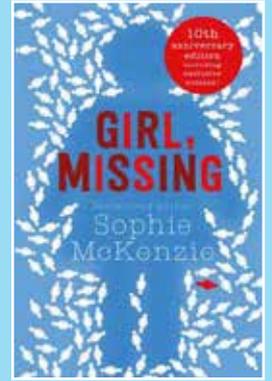
Wyvern 60th Anniversary - Update



Girl Missing by Sophie Mackenzie

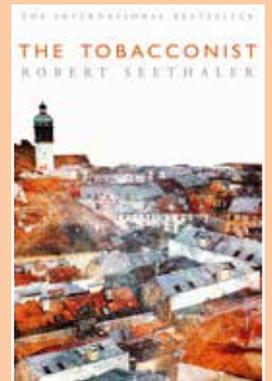
Although this book was published in 2006, it is still a thrilling read. It's about adoption and the mixed emotions an adopted child can feel towards their birth parents and their adoptive parents.

Lauren knows she is adopted, but when her parents refuse to tell her anything about her birth parents, she decides to find out for herself. The mystery takes her to America, where she discovers a great deal about herself and the story is unpredictable until the very end.

**The Tobacconist by Robert Seethaler**

Wyvern Book Club has just read this book, a brilliantly written, bittersweet novel, in which an ordinary individual makes a stand against a whole evil system.

Franz's peaceful life in the Austrian countryside comes to an end in 1937, when his single mother's benefactor suddenly dies. He is sent to Vienna to work as an apprentice in a traditional tobacconist shop, where he spends his days reading the newspapers, getting to know the customers, including Sigmund Freud, and falling in love with an actress! But brutality is never far away.



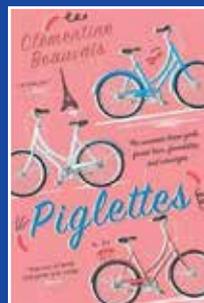
If you would like to join our friendly book group, please contact Jane Charles on j.charles@wyvern.hants.sch.uk or phone 02380 692679 ext 262.

The Readers' Awards 2017

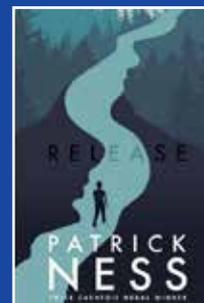
If you are looking for inspiration for Christmas gifts for young adults, the Readers' Awards 2017 short list is a good place to start. This is the only book award run by bookshops and chosen by their readers. All these books are also available to borrow from the Wyvern Library.



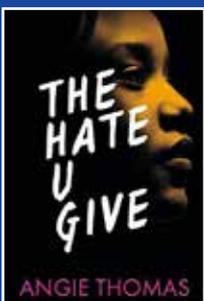
Ink by Alice Broadway
In this world every event in your life is tattooed on your skin.



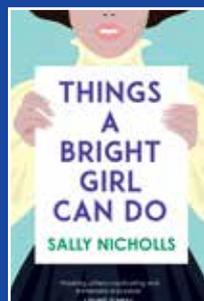
Piglettes by Clementine Beauvais
A wickedly funny road trip story



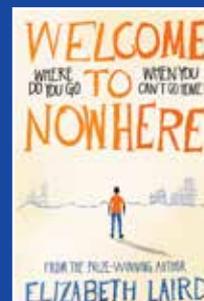
Release by Patrick Ness
Everything in Adam Thorn's life is about to fall apart.



The Hate U Give by Angie Thomas
Starr's unarmed friend is shot by a police officer, she fights for justice.



Things a Bright Girl Can Do by Sally Nicholls
3 women from very different backgrounds fight for the right to vote.



Welcome to Nowhere by Elizabeth Laird
How Syria has gone from a beautiful country to a terrifying war zone.

POIGNANT VISIT TO WORLD WAR I BATTLEFIELDS

Eighty Wyvern students set off for the World War 1 Battlefields in July, to visit some of the sights of the Somme area and to learn more about this vital campaign.

A particular focus of the trip was the impact war had on medicine and healthcare, including battlefield treatment of wounds. The group visited the area where the Battle of Passchendaele was fought in 1917, which was particularly significant this year as 2017 marks the Battle's centenary.

Some additional highlights included visits to the Passchendaele Museum and the Lochnagar Crater which is the largest man made crater caused by mining under the front lines, and a tour of the Thiepval Woods trench excavations. Students also participated in a remembrance service in front of the Hampshire Regiment Memorial at the Tyne Cot cemetery, a poignant way of honouring the centenary of the Battle of Passchendaele.

Overall, students learnt a great deal about WWI and managed to develop a deeper understanding of soldiers' experiences as well as appreciating the vast scale of this war, all of which helped to put their studies in context.

Geography Fieldwork at Whiteley

Seventy Year 11 Geographers spent the day at Whiteley Shopping Centre recently, collecting primary data through geographical surveys such as questionnaires, land use surveys and field sketching that are required for one of their GCSE examination papers.

Students completed a range of surveys to evaluate how successful Whiteley has been socially, economically and environmentally. There was certainly some surprise at the findings from the traffic surveys – who would have thought over 120 cars entered the site at 10.30am on a Monday morning!

One Year 11 student commented, "It was really good to look in depth at somewhere you visit a lot with geographical eyes."

A fantastic day was had by all and students were able to collect a wealth of primary data for their exam. Students were exemplary and members of the public praised their behaviour and work ethic.

Young Artists Inspired by Kew Gardens

Wyvern Art and Photography students recently enjoyed a visit to the world famous botanic gardens at Kew. The day began with a session in the on-site art gallery, where students were able to observe the detailed work of Victorian botanical painter, Marianne North, and considered the use of themes and composition within her work.



It was then outside into the gardens where students experienced the towering Treetop Walkway, which provided stunning views and a rare

insight into a forest canopy. The group also explored The Hive interactive sculpture. At 17 metres tall and consisting of 170,000 parts, it is filled with lights and sounds which are triggered by bee activity in a real beehive in Kew. The intensity of sound and light change constantly, echoing the real hive.

During the day, students made sketches and took some excellent photographs to support their current studies which include Van Gogh Landscapes, Georgia O'Keeffe Natural Forms and Photographic Key Skills Composition.

Overall, it was a great day and provided fantastic inspiration for work back in the classroom.



Photo: Felix Armstrong



Photo: Kieran Foot



Wyvern Teacher Raises £600 for Macmillan Cancer

Wyvern member of staff, Kelly Archer, has recently completed a series of duathlons and a triathlon to fundraise for Macmillan Cancer Support and we asked her about her experiences:

What prompted you to fundraise for Macmillan?

I was 40 this year and it coincided with hearing that an ex-colleague had been diagnosed with cancer. It was a shock and a reminder that health is precious and you need to enjoy your body's ability to do things whilst you can.

What challenge did you undertake to raise funds?

Having done a multi-discipline event in 2016, I decided to enter three duathlons increasing in difficulty and a novice triathlon.

What does a duathlon/triathlon involve?

A duathlon is a run, a cycle ride and another run. A triathlon is a swim, cycle ride and a run. The first duathlon I did was a 5km run, 15km cycle and a 5km run, the last duathlon was a 10km run, 24km cycle and a 5km run. The triathlon was shorter but more challenging as you swim first and cycle whilst wet which is a bit disorientating!

What training did do in preparation?

I go kickboxing weekly with the odd run at weekends, so I made my runs more regular and increased their distance. Cycle training involved lots of weekend loops around local villages. Swimming training was difficult to fit in so that was my weakest discipline. I went on a triathlon training day where they taught transition skills. You can practise transitions by going for a bike ride, then going for a run with jelly feeling legs, and my friend practised by having a shower in her gear then running and getting on her bike!

How did you feel after the first event?

Proud but a bit daunted that I had to do more for the next one!

What lessons did you learn completing this challenge?

That even with the time constraints of two small children, I found time to improve my fitness. I also learnt how much of it is a mental battle; in the last duathlon I was doubting myself after only 3km but fell into step and chatted with a woman I'd run with previously, so the next 7km went much faster.

How much did you raise?

I reached my target of £500, plus gift aid topped it up to £600.

Have you got any more fundraising plans?

I'll enter some events next year but probably won't fundraise for another year as I'm aware that generally you're asking the same people for money. Someone else can ask me for money next year instead!



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GREAT GEOGRAPHY BAKE OFF!

The sweet aroma of cake and icing filled the Geography Department recently during the first ever Great Geography Bake Off, where staff and students were challenged to bake a cake with a geographical theme.

An amazing 26 entries were received, with bakers entering as individuals or in teams of three. Entries were dominated by enthusiastic Year 7s, along with some Year 8 and 9 students, and featured a range of gravity-defying masterpieces including 3D globes, towering volcanoes and detailed flags. The cakes formed the centrepiece of the department's Open Evening display before being judged, sliced and sold at the Macmillan coffee morning the following day.

The winner was Rachel Cleal in Year 7 for her 3D globe cake with accurate icing countries and individually labelled flags featuring the maps of each country. She was presented with a £10 voucher and the Geography Bake Off winner's apron (handmade by Mrs Hounsome). The runners up who were awarded wooden spoon trophies were a team of Year 7's Jess Bennett, Ava Leffers-Smith and Sophie Singleton, with a 3D river landscape featuring a glittery river and icing mountains, and Year 7 Holly Wilmott with a layered breakdown of the Bournemouth cliffs, along with Mrs Phillips (PE) the only staff entry.

Mrs Goss, who organised the competition, commented, "I was absolutely stunned at the creativity, attention to detail and finesse demonstrated by students in the competition. Surrounded by Geography and cake all day, this has been one of the best days of my teaching career!"



Wyvern students in Spanish Beginners' classes have thoroughly enjoyed the opportunity to correspond with pen friends in a secondary school in Mexico recently. The College made contact with a Mexican school thanks to an ex-Wyvern student. English Teacher, Señora Dominguez was enthusiastic about setting up a pen pal scheme and keen to help her pupils develop their linguistic and cultural knowledge of England. Wyvern youngsters began the process, using their knowledge of the Spanish topics to date to produce some excellent, creative letters; many included photos of themselves, families and hobbies.

Two students share their experiences of taking part in the scheme so far: "We have been given the amazing experience of corresponding with students from a school in Mexico in a town called Puebla. We sent the



Hola Mexico!



first letters and excitedly awaited a reply. During this time, the teachers from both schools kept in touch. Ten weeks later, we were informed that the letters had finally arrived at the school in Mexico and we were sent photos of them being read. Some students have been able to connect with Mexican students on social media e.g. Instagram and Facebook, with both their own pen pals and their friends. We then received letters back from Mexico. Some of the pen pals had included sweets and photos from their hometown and it was interesting to see the differences between their culture and ours. We have now sent some traditional English sweets through a teacher visiting Mexico for them to try and we are looking forward to hearing from them again soon."

Emma Fleeman & Bethany Woodroof

Discovering Cologne and Monschau on the Year 7 German Trip

Year 7 students had the opportunity to visit Germany for an action-packed, three-day trip at the end of the Summer Term.

In Cologne, highlights included going on the cable car, touring the cathedral and climbing its tower, visiting the chocolate factory and testing out German skills to order ice creams! On the return journey, the group enjoyed exploring the beautiful town of Monschau where they visited a glass factory and two students even got to try their hand at glass blowing, and then used their German to order their own lunch.

Despite horrendous delays on both the outward and return journeys, students had a great time experiencing some of the culture of Germany and speaking some German in real situations. Feedback from students was positive too with comments such as:

"We climbed to the top of the Cathedral on a stone, spiral staircase which went on forever. I'm so glad I did it because at the top there was the most beautiful view of the city below."

"We ordered our lunch in German and also went shopping, which was a great opportunity to practise our German without help from the teachers."

"One of the highlights of the trip was the Lindt Factory. As well as free samples along the way, you saw how the chocolate was made. It was very interesting to see how much chocolate has evolved since it was first discovered."



WYVERN SUMMER CONCERT



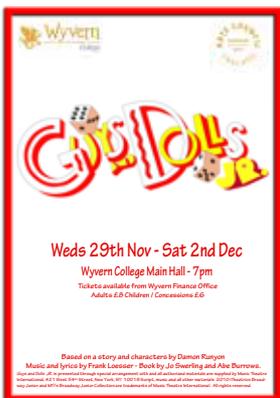
The annual Summer Concert rounded off a busy musical year at the end of the Summer Term with fantastic performances from all the College's bands, ensembles and choirs.

A new venue was used this year – Turner Sims Concert Hall at the University of Southampton, which is widely acknowledged as one of the finest music venues in the country. The young musicians and singers certainly enjoyed performing in this impressive location, showcasing their talent and skill with a varied programme. One of the musicians, Amy Adams, also provided the artwork for the programme this year, with a picture that was created for her GCSE art portfolio.

With performances from the Jazz Band, Soul Band, Jazz Septet, Pentatonix and the Steel Band, there was something for all musical tastes. In addition, the Chamber Choir and College Choir sang beautifully and the adult Community Choir also gave an impressive performance. The audience enjoyed a taster of the College's forthcoming production of *Guys and Dolls JR* with an extract from this musical. As always, the fabulous grand finale was performed by the Concert Band, completing an enjoyable evening's entertainment.

Guys and Dolls JR

Over the last sixty years, Wyvern has certainly become renowned for delivering a superb annual production to showcase the acting and singing talents of its youngsters. This year is no exception, with a perfect musical comedy that was first broadcast on stage and screen in the decade that the school opened. *Guys and Dolls JR* is an adaptation of the original award-winning 1950s Broadway show about rolling the dice and falling in love.



It tells the story of gambler, Nathan Detroit, as he tries to find the money to set up the biggest crap card game in the city, while the authorities breath down his neck. Meanwhile, his girlfriend Adelaide laments that they have been engaged for 14 years but are still not married. Nathan turns to fellow gambler Sky Masterson for the cash to fund the card game, but Sky ends up chasing and falling in love with straight-laced missionary Miss Sarah Brown. With bustling street scenes, action set in New York and Havana, and a great musical score, the show is sure to be another Wyvern hit!

Students have been rehearsing hard since May and are looking forward to sharing this musical classic with audiences. Running from 29 November – 2 December at 7.00pm in Wyvern Hall, tickets will be on sale from the Wyvern Finance Office at the beginning of November.

We look forward to seeing you there.

Wyvern's Learning Support Department has seen some amazing results with its reading groups which took place in the last academic year.

Reading for Pleasure

Selected readers in Years 7 and 8 were given the opportunity to read aloud to Reading Ambassadors. The Ambassadors are older students in the College who volunteered to spend 20 minutes twice a week helping other students to develop their reading skills. The Ambassadors from Years 9, 10 and 11 demonstrated great commitment to the role and built positive relationships with the readers during the scheme.

All 45 readers involved made progress, with some having increased their reading ages by as much as three years over the two terms they attended the initiative, which is a fantastic achievement. It is hoped that their success will inspire all the students to carry on reading for pleasure.



Morocco: An Amazing Educational Experience



This year's World Expeditions trip to Morocco was once again an amazing educational experience. Students developed as individuals and as part of a team by overcoming personal challenges, supporting others in difficult situations, and through experiencing life in a completely different culture.



Following months of preparation, the group were excited to finally reach their destination and the hustle and bustle of Marrakesh provided a great introduction to this diverse country. Students toured the Bahia Palace and a traditional Berber pharmacy, learning about the fantastic architecture and the great traditions of Berber herbal treatments. Some students were quick to embrace the art of haggling to make their first purchases, and everyone enjoyed sampling the Berber cuisine, in a restaurant which became a much loved 'local'!

The Central Atlas Mountains was the base for the next stage of the trip where students supported local community projects. They painted rooms in a local primary school, built incinerators for rubbish disposal and worked in a women's carpet cooperative – this was a real highlight, with students participating in every aspect of carpet making and also using the cooperative as a village hub, where they shared music and conversation with other youngsters. A football match with the locals and an invitation to villagers' houses for traditional Moroccan tea, gave them a real insight into the lifestyle of this community. They were also able to brush up on their language skills as some of the locals spoke French but not English.

The most challenging aspect of the trip was undoubtedly the expedition, starting with a short climb through verdant countryside to acclimatize to the altitude. A demanding day of climbing followed, with several students digging deep to overcome tiredness and aches and pains. Reaching the mountain summit on the third day was a fabulous achievement and there was great camaraderie as some students helped others overcome individual fears. Back at base camp, there was no running water and a one and a half hour wait until the water was safe to drink – a real lesson on the harshness of nature and just how much we take luxuries for granted.

A camel trek and night camping under the stars in Essaouira rounded off the truly memorable experiences on this journey, before returning to Marrakesh for one final meal in the 'local'!



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Wyvern has a long-established commitment to introducing new teachers into the profession; each year, we recruit talented graduates and guide them through an intensive training programme that fully prepares them for their future career. Our links with Southampton University, Chichester University and Wildern SCITT (School-Centred Initial Teacher Training) enable us to draw on the best talent in a range of specialisms.

Miss Cross, Wyvern's Professional Mentor for Initial Teacher Training, is responsible for mentoring our trainees and says, "I passionately believe that we must ensure that teachers of the future understand the pedagogical principles and thought processes that underpin successful teaching and to this end, our programme supports the training provided by Southampton University, Chichester University and Wildern SCITT."

So how are our trainees getting on this year? Just four weeks into their new career, we interviewed three of them.

Sophie Spears had a successful career in marketing for the Globe Theatre. She is now a salaried English teacher, training for a year as part of the Wildern SCITT programme: "I realised that I wanted more than a 9 to 5 career and as I have a passion for literature and language, I applied to be an English teacher through the SCITT programme which pays while

you train. After the first few weeks I feel like a proper teacher! Being in front of a class is the best feeling in the world and I feel fully supported by my mentor."

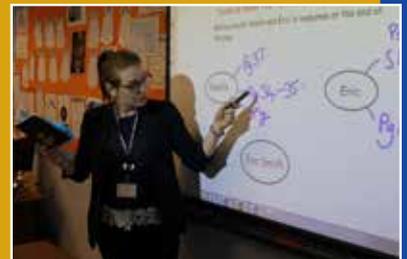
Prudence Clarke graduated from Southampton University with a degree in Physics but private tutoring whilst at university inspired her to become a Maths teacher on the Post Graduate Certificate of Education course: "The PGCE provides time to be reflective, there is a lot of theory to learn but the course allows you to be "eased in" to teaching. I'm enjoying the teaching I'm beginning to do and everyone in the Wyvern Maths department is supportive, giving me their time and help."

James Hulbert gained a PE Sports Science degree at Chichester University and has been coaching sports since the age of 17: "I decided to follow the PGCE route because it is internationally recognised and I may want to teach and travel overseas. I'm two weeks in and I love it. I like the "hands on" approach and I've already been teaching and running extra-curricular clubs and am supporting a school trip next week."

If you would like to find out more about routes into teaching and how Wyvern can support you, then please contact Paul Metcalfe, p.metcalfe@wyvern.hants.sch.uk.



Teachers of Tomorrow



Brownie & Guide Leader Vacancies in Fair Oak

To secure the future of one of our Brownie Units, we are actively looking for new volunteers to undertake the Leadership Qualification and lead regular, term-time Brownie meetings on a Tuesday evening in Fair Oak.

In addition, we are also actively looking for new volunteers to undertake the Leadership Qualification and support current leaders in delivering regular, term-time Guide meetings on a Thursday evening in Fair Oak.

No previous Guiding experience is necessary. You would be offered support in the role and the opportunity to learn new skills through access to free specialised training and resources that Girlguiding provides. The full support of current Guiders and helpers would be available every step of the way.

Girlguiding is a purely voluntary organisation and meetings only happen thanks to all the amazing volunteers who give their time flexibly. With just a handful of people offering a couple of hours help a week, wonderful things can happen such as the continuing success of two brilliant Units.

If you have an interest in volunteering and feel this may be the right opportunity for you, then please contact Mrs Jennifer Rust on 023 8069 6256 for further information.

The 2017 Wyvern 10K proved to be our best event yet, with a fantastic community spirit permeating throughout the morning.

This year's event was raising funds and awareness for the work of the Dwarf Sports Association, South Central Region, with which Wyvern College has a strong connection. Their aim is to make regular sporting opportunity accessible and enjoyable to anyone of restricted growth in the UK, and we were delighted to be joined by several members of the local group and Tom Mills, their Sporting Development Officer.

Marie from mPower led our warm up this year, and once the roads were clear, our runners set off! The race for prizes was as keen as ever with the field being led home by Peter Abrahams from Fareham Crusaders. He was followed by James Johnson (Eastleigh Running Club) in second and Andy Cockerell in third, a member of our partners Hedge End Running Club. The women were led home by Kate Maslin from Hedge End, with Tracy Corker and Anna Giles (from Eastleigh Running Club) second and third respectively. There were record numbers of junior runners and our champions in the four age categories were Adam Wynn, Charlotte Captain, Matt Wynn and Lily Pratt.

The race has always enjoyed generous support from local sponsors and this time, Stuart Deas from HP Contracts and Angela Dorrington and Jojar Singh from QualitySolicitors Knight Polson were on hand to present prizes and enjoy the day with all our other visitors.

New race timing partners EMIT did a great job, as well as providing a great playlist throughout the morning. RAYNET SW Hampshire and Waterside Medical supported the marshals in keeping everyone safe on the course. The runners' village offered food and drink from Cafe2U, Hursley High Class Butchers, Adrian Marucci's ice cream and we even had beer provided by Upham Brewery! Total Care Clinic from Botley soothed muscles with their massages and Up & Running provided any last minute kit items.

A big well done to all our runners and huge thanks to the marshals from Hedge End Running Club, Wyvern College, St Thomas' Church, Eastleigh Lions and the community. We would also like to say a special thank you to the businesses and residents along the course, who not only cope with road closures but also turn out and enthusiastically cheer in such large numbers!

Full details of our results can still be found on the website www.wyvern10k.co.uk.



Wyvern 10K 2017: Race Report



The School Report

DURLEY PRIMARY SCHOOL



The new school year for the children in Years 3 and 4 at Durley Primary School started with a wonderful three-day residential visit to the Hampshire Minstead Study Centre in the New Forest. The children were fortunate enough to have lovely weather as they spent most of their time outside caring for the Earth, working co-operatively, taking responsibility for their actions and understanding the need to live sustainably.

Within the tranquil setting of Minstead, the children learnt about themselves through laying tables for breakfast, making beds, cleaning and tidying for inspection, walking to the New Forest woods, feeding the sheep and chicken egg collecting, whilst considering the rich and poor of the world. They loved

hearing evening stories around the bonfire, star gazing and dark evenings within the roundhouse.

This was a great way to build the new class team at the start of the school year – with many tears on having to leave for home. The children learnt so much about sustainability and recycling that they returned to school switching off lights and asking the School Council to investigate the effectiveness of our school recycling, with a plan to have a cake sale to raise money for new classroom recycle bins.



FAIR OAK INFANT SCHOOL

A Sporting Year

Each year primary schools are given funding to develop sport and PE provision. Schools are free to determine how best to use this funding to improve the quality and breadth of PE and sport provision, enabling children to develop healthy lifestyles.

Over the year children in Key Stage 1 have been coached in playing hockey, tennis, football, rounders and cricket. There have been sporting events across local schools, where festivals and tournaments have taken place. Co-ordination and agility have been developed through gymnastics with a schools' festival being held by Supernova Gymnastics. These events have allowed the children to demonstrate their values of perseverance and collaboration.

Year 2 also received tutoring in dance from Folk Active and learnt traditional dances. Some children then took part in a Ceilidh accompanied by a live band. Visits have taken place to the Ageas Bowl cricket ground where children took part in a Kwik Cricket Game on the actual pitch!



UPHAM CE PRIMARY SCHOOL

One of the amazing things about Upham School is how children of different ages interact and form friendships. It is a normal part of playtimes here to find boys and girls playing together on the playground with sports equipment, kicking a ball around, climbing on the play trail or just enjoying the company of each other.

Our Year 6 children all become buddies to our new Year R children when they start in September. They greet them as they arrive in the morning and help them get set up in class. They also catch-up with them at playtime and sit with them when they are eating their lunch. This gives the younger children a sense of security and confidence knowing that someone is always looking out for them, as well as exposing them to good role models on how to act. Our older children get so much from this relationship too and really enjoy playing with and getting to know their buddies. One of our buddies commented, "I really enjoy being a buddy. It was really good to help her start her new school and see her become more confident."

It's the time of year when parents are starting to think about applications for next year and the parents who have already toured our school have been very impressed by the way in which our buddies help support

Year R children. OFSTED highlighted how effective this was during their highly successful visit in June, observing that 'the focus in keeping pupils safe is unquestionable across your school' and that 'older pupils thrive on the wealth of opportunities to support and build friendships' (OFSTED June 2017).



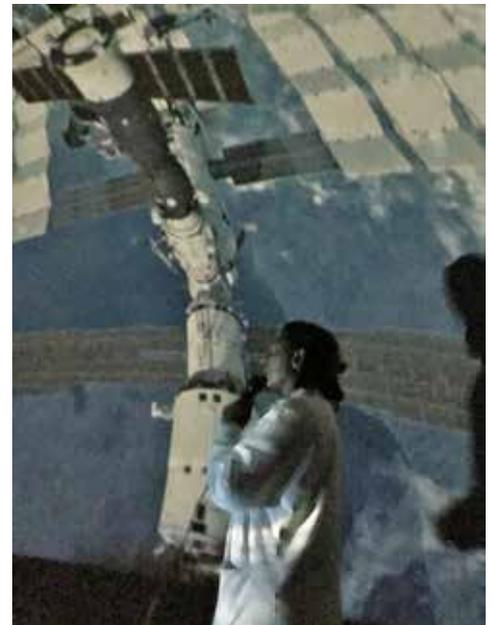
FAIR OAK JUNIOR SCHOOL

We're delighted to be back at school and are really pleased with how well the Year 3s have started on their junior school journey. The rest of the school have also settled back in to their routines really well this term. During the summer break we have redesigned our school website (please do take a look) and invested heavily in the school's IT equipment. We are sure the children will benefit from the advances in technology and our new touch IT equipment.

We have started this year as we mean to go on with our learning and have been pleased to share what is in the curriculum for this year with parents at our Curriculum Evenings. We are pleased to be working closely with MLT In the Community who, as well as helping us with our lunchtime supervision and assisting with some of our PE lessons, are now coordinating all our after school clubs and activities. The children can now choose from all sorts of activities ranging from the traditional football to the slightly more unusual circus skills and cheerleading!

There have already been several sporting fixtures completed this term, with many more in the diary, and the whole school has taken part in our first PSA fundraiser – our sponsored fun run. Despite slightly damp conditions we were able to run several laps on the Pavilion field whilst raising valuable money for the school.

We also had our first school 'trip' of the year this week, albeit that the children didn't actually leave school! The Space Dome came to visit the Year 5 children and they really enjoyed learning more as part of their Planet X topic.



The School Report

STOKE PARK INFANT SCHOOL

Stoke Park Infant School's Rangers

During this term, our children have been applying for the opportunity to represent their class and our school and become either a Home Ranger or a Reach Out Ranger. We were looking for helpful, honest, respectful children with a good imagination who are confident at speaking in front of others. At Stoke Park Infants we try hard to be good Rangers being resourceful, adaptable, naturally curious, giggly, enthusiastic and resilient.

Once the children had filled out an application form for the position, there was a shortlisting process and their class mates voted for their chosen candidates.

The Rangers are already busy preparing for our Open Morning at school, getting ready to meet new people and show them around. Alongside this, our Home Rangers can be spotted at lunchtimes helping children in the hall with their lunches and playing games with others on the playground. Our Reach Out Rangers will be helping to tour visitors to the school and working with our wider community in the future.



STOKE PARK JUNIOR SCHOOL



Year 3 have had a fantastic start to the school year. They have all come into school with a positive approach to learning and have settled into Stoke Park Juniors brilliantly. They made some 'out of this world' river floats for the Bishopstoke carnival and well done to Hockney class for winning best float! Their first topic has been 'Meerkat Mail', which is a story about a Meerkat, who goes off in search of his perfect home. Having completed many reading and writing tasks about Sunny the Meerkat, Year 3 will finish the topic by writing a postcard to Stoke Park Infants School.

Meanwhile, Year 5 have gone wild at Marwell! As part of their Rainforest topic, they were given the opportunity to visit the Zoo to learn more about the different types of animals that live in the rainforest, as well as getting up close and personal with a few of them! Pupils enjoyed two keeper led sessions, one telling them all about the different types of lemur that can be found on the island of Madagascar, and the other inside the education centre on the different layers of the rainforest, the animals that live there and even how everyday items from the supermarket originate from the rainforest! The year group were also lucky enough to see the Great Brick Safari, with the crocodile and elephant being favourites. Thanks to Marwell, Year 5 are certainly now experts on the Rainforest and the animals that live there!





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Wyvern Newsletter

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Garage and Shed Breaks

We have recently received several reports of garage and shed breaks in Bishopstoke, Fair Oak and Horton Heath. We would like to raise awareness of these incidents and ask you to be extra vigilant. There are certain measures you can take to reduce the likelihood of becoming a victim yourself, such as:

- Fit an alarm to your garage or shed – most DIY stores stock battery-operated alarms suitable for this purpose.
- Always mark the property you keep in your garage or shed with your postcode – this will help identification if they are stolen and then recovered. Keep a list of property with photographs. Register your property on www.immobilise.com
- Make sure your garage or shed is fitted with a good strong lock, padlock, door hinges or other security device such as a Garage Defender.
- Make sure items inside the garage or shed are secure – large items can be padlocked together or you could sink a post into the floor of the garage and padlock items to the post.
- Always remember to lock your garage or shed after use.
- Do not store large quantities of valuables in your garage and shed.
- Keep property and fencing in good repair and ensure that foliage and trees are kept trimmed.
- Check with your insurance company that you are covered for items stored in your garage or shed.

Cycle Theft

Eastleigh has seen an increase in cycle thefts recently. Please consider the following:

- Ensure you use an approved Sold Secure “D” lock to secure your bike. Visit www.soldsecure.com for more information.
- Always lock your bike through the frame to a solid structure that is fixed to the ground.
- Park your bike in a well lit area that is covered by CCTV.
- Register your bike on www.immobilise.com

You can find lots more crime prevention advice on our website www.hampshire.police.uk

Schools Parking

Parking in the roads around the Wyvern campus continues to be an issue and Eastleigh East Neighbourhood Policing Team are currently working with other agencies and the schools in order to tackle this. We are patrolling the relevant roads at the key times as often as possible and will be issuing fixed penalty tickets and/or advice to motorists. We would encourage you to use the “Park and Stride” schemes wherever possible, which are located at The Clock Inn, Sandy Lane and The Lapstone, Botley Road. We would also like to inform you of the following parking guidelines and remind you to be considerate of other road users, pedestrians and residents:

- Do not park within 10 metres of any junction.
- Do not park on corners.
- Do not block driveways or public access roads.
- Do not block the pavement. A wheelchair or buggy should be able to get past your vehicle on the pavement.

Eastleigh East Neighbourhood Policing Team
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**HAMPSHIRE
 ALERT**





UK Mathematics Trust Junior & Intermediate Maths Challenges



Taking part in the UK's biggest national Maths competition was the challenge for 210 Wyvern students last term. The UK Maths Trust runs annual junior and intermediate events involving over 400,000 students from across the country. Wyvern students enjoyed putting their skills and knowledge to the test as they answered the tough maths and logic questions.

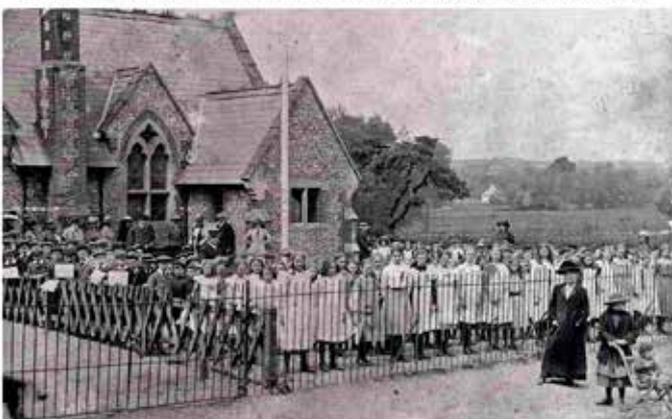
Certificates are awarded to 40% of participants nationally in each of the Junior and Intermediate Challenges; Gold for the top 6%, Silver for the next 13% and Bronze for the next 21%. Wyvern mathematicians did extremely well this year with 110 students receiving bronze, silver or gold certificates.

Each challenge leads into a follow-on round and 8 students were invited to take part in the next level of the competition called the "Kangaroo", with much harder questions designed to challenge the most gifted mathematicians. Well done to Amy Tyler, Ping Ng, Owen Codrai and Harry Kemp in Year 9 for reaching the Kangaroo round of the Intermediate Maths Challenge and to Nandana Rajeev, Freddie Gosney and Seb Chambers in Year 8 for reaching the Kangaroo round of the Junior Maths Challenge. Special congratulations to Andy Shaw for being the only person in Year 7 to reach the Kangaroo round.

Bishopstoke History Society

Surrounding Villages

A presentation exploring pictures and stories relating to Horton Heath, Fair Oak, Crowd Hill, Fishers Pond, Owslebury, Colden Common, Twyford, Shawford, Otterbourne, Brambridge, Highbridge and Allbrook



Friday, 24th November

7.30 p.m. to 9.30 p.m.

Bishopstoke Methodist Church

Sedgwick Road

This presentation is a repeat from
Tuesday, 24th October at St. Pauls Church, Fair Oak Road

Free Entry All welcome
Donations are welcome

Language Skills Put to the Test!



In July, five Wyvern Year 7 students represented the College in the first ever Modern Foreign Languages Consortium Quiz. They

competed against three other local secondary schools, answering a range of questions on diverse topics such as festivals, food and drink, books and lots more.

The Wyvern team of Noah Chiari, Sam Gillespie, Ewan Messenger, Alice Seaman and Alice Thompson came a very commendable 3rd out of seven teams in total. They certainly gave an impressive performance with both their knowledge and their language skills. It is hoped that this will become an annual event in the Languages calendar, with even more schools competing next year.



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Year 8 Comedians Take To The Stage



Wyvern's annual Comedy Evening in the Summer Term broke with tradition this year by offering Year 8 students the opportunity to write and perform, instead of the usual Year 9s. This proved to be a great success, with record numbers of students taking part in the writer's workshop in the afternoon, and then returning to perform their scripts in the evening. English Department staff were impressed by the enthusiasm of the students in the workshop session, ably led by Dave Smith, a professional comedy writer.

Dave encouraged the students to think about the aspects of their own lives at home that they love the most, and this proved to be a rich area of inspiration! He emphasised that the trick to writing good comedy material lies not in trying to write something funny, but in simply observing the small, relatable habits of everyday life that we can all connect with. Students considered the difficulties of getting to sleep, the embarrassment of dad-style karaoke and the power of a mum's death stare, to name but a few of the ideas that caught their imaginations.

All the students learned some invaluable life skills though participating in this event; working to a deadline, working with others, being creative, and having the confidence to speak in front of a large audience. At some point in the future, they will all draw on the skills they have gained from rising to this challenge.

Parents and carers were impressed by the enthusiasm and confidence of their children, and even more impressed that the evening ended promptly, in order to avoid the 'comedy' disaster of being trapped in school all night by the road works!





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What's On for the Community - Autumn 2017

Wyvern Community Centre offers a wide and extensive range of courses throughout the year. For more details visit www.wyverncommunity.co.uk. If you require further information, then just give us a call on 023 8069 2678 or call into the Wyvern Community Enterprise Office in the Sport and Fitness building.

Monday

MLT Natural Coaching	3.45-5.00pm
Wyvern Theatre School	3.30-6.30pm
Nick Mort - Tennis	4.30-8.00pm
Pump It	6.00-6.55pm
Eastleigh & Southampton	
Karate Club (Juniors)	6.15-7.15pm
Brownies	6.30-8.00pm
Pilates - Beginners	6.30-7.20pm
Step It Up	7.05-8.00pm
Eastleigh & Southampton	
Karate Club (Seniors)	7.15-8.15pm
Chandlers Ford Badminton Club	7.30-10.00pm
BDance Academy –	
Adult Beg Ballroom & Latin 18+yrs	7.40-8.45pm
Spinning	8.10-8.55pm

Tuesday

Jnr Table Tennis Club	3.00-4.30pm
Teen Gym – School Yrs 9-11	3.00-4.30pm
Nick Mort - Tennis	4.00-8.00pm
Over 60's Table Tennis	4.45-5.45pm
Box Fit	6.00-6.55pm
Ravens Netball (Juniors)	6.00-7.00pm
Pilates – Beginners/Improvers	6.10-7.00pm
Legs, Bums and Tums	7.00-7.50pm
Team Rambo Netball	7.00-8.30pm
Gems Netball Club	7.00-9.00pm
Pilates - Advanced	7.10-8.00pm
Kettlercise	8.05-8.55pm

Wednesday

Fountain Café	9.00-11.00am
Nick Mort - Tennis	3.00-8.00pm
Gymnastics Beginners	5.00-6.00pm
Gymnastics Improvers	6.00-7.00pm
Southampton Athletics Club	6.00-7.30pm
Circuit Training	6.00-6.55pm
Community Choir	6.30-8.00pm
Wyvern Football Club	7.00-9.00pm
Kickers (Days) Taekwondo	7.00-8.30pm
Ultimate Intervals & Abs	7.05-7.55pm
Spinning Intervals & Abs	7.05-7.55pm
Pilates (Mixed Ability)	8.05-9.00pm

Thursday

Teen Gym – Yrs 9-11	3.00-4.30pm
Nick Mort - Tennis	4.00-7.00pm
Total Tone	6.00-6.55pm
Parent & Teen Gym	6.30-8.00pm
Yoga Intermediate	6.30-7.20pm
Yoga Beginners	7.30-8.15pm
Wyvern Football Club	7.00-9.00pm
Upholstery	7.00-9.00pm
Wyvern Community Bowls Club	7.30-9.30pm

Friday

Shredded	6.00-6.50pm
Parent & Teen Gym	6.30-8.00pm
Wyvern Dragons Junior	
Badminton Club	7.00-8.00pm
Wyvern Dragons Adults	
Badminton Club	8.00-10.00pm
Nick Mort - Tennis	4.30-6.00pm

Saturday

Slimming World	8.00 & 10.00am
Spinning	8.30-9.15am
MLT Natural Coaching	8.40-10.00am
Body Blitz	9.30-10.25am
Wyvern Football Club	10.00-12.00 noon
Legs, Bums and Tums	10.30-11.25am
Mencap Disability Leisure	
Access Group Basketball	9.30-10.30am
Southampton Athletics Club	10.00-11.30am
Gymnastics Beginners	9.30-10.30am
Gymnastics Improvers	10.30-11.30am
Gymnastics Advanced	11.30-1.00pm
Nick Mort – Tennis	9.30-12.30pm
Parent & Teen Gym	11.00-12.30pm
Wyvern Community Bowls Club	2.00-4.00pm

Sunday

Pilates Mixed Ability	10.00-10.55am
St Thomas Church at Wyvern	10.30-1.00pm
Parent & Teen Gym	11.00-12.30pm



3 Month Trial



New Year Fitness

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<i>Option 1</i> £59.99 <small>No contracts, No obligation</small>	<i>Option 2</i> £9.99 <small>One off amount for 3 months, if you sign up for a monthly or annual membership</small>	<small>Terms & Conditions apply Sign up between 1st Dec & 15th Feb</small>
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www.wyvern.hants.sch.uk
 Botley Road, Fair Oak, SO50 7AN
 023 80 603229



£9.99 off either New Year offer when you sign up between 9am-1pm Saturday 13th January 2018



In partnership with Nick Mort Tennis Coaching and Wyvern College, Wyvern Tennis Club can offer affordable tennis to everyone. All players old and new are welcome to come and enjoy our facilities. The emphasis at Wyvern is firmly on enjoying tennis. We offer you the benefits of a club membership with the option of regular additional coaching sessions run by Nick Mort at an additional cost.

Your membership will offer:-

- Members will have extended playing hours
- Adult, Junior and Family memberships available
- Clubspark online booking system, telephone bookings, or via the office, or Nick Mort
- LTA registration
- Free entry into Wimbledon Ticket Ballot
- Extended playing hours
- 6 Floodlit courts at no extra costs
- Enjoy and improve your game in a friendly and competitive environment
- Allow the club to develop in house leagues and competitions
- Opportunities to play in Club Teams
- Fun and friendly club offering social events
- Invite new members onto court
- Opportunity to bring guests (minimal guest fee)
- Pay and play sessions also available for non members
- Future development of the courts
- Opportunities for members of all abilities to play and enjoy tennis in a friendly and sociable club
- Professional tennis stringer available

Annual Membership:

Adult: £30 per year. Junior (age up to 18): £20 per year.

Family (2 adults & up to 3 juniors): £40 per year.

Opening Times:

Mon-Thurs: 3pm-9.30pm. Fri: 3pm-9pm. Weekends: 8am-4pm. School Holidays: Mon-Thurs: 8am-9.30pm. Fri: 8am-9pm. Weekends: 8am-4pm.

Nick Mort, Tennis Coach, will continue to offer affordable tennis, including adult and junior coaching, squad sessions and mixins - the prices for these pay as you go sessions will remain the same and will be paid directly to Nick.

If you would like to become a member, then please contact us for more information:-

Wyvern Community Enterprise
Wyvern College, Botley Road,
Fair Oak, Eastleigh, Hampshire, SO50 7AN
Tel: 023 8069 2678
www.wyvern.tennisclub.co.uk
community@wyvern.hants.sch.uk

NICK MORT TENNIS

Nick Mort Tennis was established in 1991, initially working in association with Bishopstoke Tennis Club alongside Chris Wilkinson (former British No. 1) and his coach and father Reg Wilkinson who still assists with coaching at his ever popular Saturday Club.

Nick's philosophy is that Tennis should be available to everybody and his various sessions at extremely affordable rates reflect and reinforce that belief.

Nick's aim is to ensure that all programmes provide a fun social environment in which people can progress their game but whilst having fun and benefiting from the excellent all round exercise that this sport can provide.

School Holiday Tennis Camps also available & 1-to-1 coaching.

Contact Nick on 0772 9899 416
or email community@wyvern.hants.sch.uk



(These sessions will be PAYG - open to all)
 In Association with Wyvern College
 Qualified, CRB, Insured, Member of BTCA

Come and join these fantastic very popular sessions for all abilities, Junior or Adults.

All year round at low costs, floodlit courts, learning in a fun environment. All sessions pay and play so just come along and join in.

Saturday Morning Junior Club - 10.00-11.30am

This very popular Junior Club takes place at Wyvern Tennis Club every Saturday morning all year round. This caters for all abilities and ages from 5-16 years. Players will enjoy drills and fun games, whilst improving their tennis skills. Over the years through this programme hundreds of children have enjoyed the fun, fitness and social benefits of playing tennis with some of my players even going on to become top national juniors. This is a pay and play sessions so just come along and join in.

Adult Mixed Ability Session

This is a session for both Beginners and Improvers or those who haven't played for a while and want to return to tennis. Monday/Thursday evening 6.00 - 7.00pm at Wyvern

Ladies Morning and Evening

A thriving session just for Ladies, this session consists for a mixture of fun, drills and match play.

Sessions available:

Monday evening 7.00-8.00pm at Wyvern

Wednesday mornings 9.30-11.30am - contact Nick for venue details

Friday morning 10.00-12.00noon - contact Nick for venue details
Contact Nick for more information and to find out which session would best suit you.

Tuesday Evening Men's Match Play

This squad is for match play practice for match play players.
Contact Nick for more information on this session.

Girls Only Tennis Training Squad - Monday 4.00-5.00pm

For ages 5-8, 8-11, 11-16 yrs. Players will be placed in appropriate group depending on age/ability.

Junior Tennis - Wednesday 4.00-5.00pm

For ages 7-16 yrs, any level or ability welcome

Adult Mix-in - Wednesday 6.00-8.00pm

This session has been running for many years and is as popular today as it ever was. If you are looking to get some exercise and match play in a fun and social environment then this is the session for you.

Thursday Junior Group, Age 9-16 - 5.00-6.00pm

For players who are intermediate or improvers. Drills, coaching and match play.





Monday	Pump It! - <i>Geoff</i>	6.00pm-6.55pm	Non members £5	■
	Pilates Beginners - <i>Colleen</i>	6.30pm-7.20pm	Payable course	■
	Step It Up - <i>Sammi</i>	7.05pm-8.00pm	Non members £5	■
	Spinning - <i>Sammi</i>	8.10pm-8.55pm	Non members £5	■
Tuesday	Teen Gym	3.00pm-4.30pm	£3 per session	■
	Box Fit - <i>Geoff</i>	6.00pm-6.55pm	Non members £5	■
	Pilates Improvers - <i>Colleen</i>	6.10pm-7.00pm	Payable course	■
	Pilates Advanced - <i>Colleen</i>	7.10pm-8.00pm	Payable course	■
	Legs, Bums & Tums <i>starts 14 Nov</i>	7.00pm-7.50pm	Non members £5	■
	Kettlercise - <i>Sammi</i>	8.05pm-8.55pm	Non members £5	■
Wednesday	Circuits - <i>Geoff</i>	6.00pm-6.55pm	Non members £5	■
	Ultimate Intervals & Abs- <i>Sammi</i>	7.05pm-7.55pm	Non members £5	■
	Spinning Intervals & Abs- <i>Sammi</i>	7.05pm-7.55pm	Non members £5	■
	Pilates (Mixed Ability)- <i>Sammi</i>	8.05pm-9.00pm	Non members £5	■
Thursday	Gym Crossfit - <i>Colleen</i>	7.10am-7.45am	Non members £5	■
	Teen Gym	3.00pm-4.30pm	£3 per session	■
	Total Tone - <i>Sammi</i>	6.00pm-6.55pm	Non members £5	■
	Parent and Teen Gym	6.30pm-8.00pm	£3 per session	■
	Hatha Yoga Intermediate - <i>Colleen</i>	6.30pm-7.20pm	Payable course	■
	Hatha Yoga Beg - <i>Colleen</i>	7.30pm-8.15pm	Payable course	■
Friday	Shredded - <i>Sammi</i>	6.00pm-6.50pm	Non members £5	■
	Parent and Teen Gym	6.30pm-8.00pm	£3 per session	■
Saturday	Spinning - <i>Sammi</i>	8.30am-9.15am	Non members £5	■
	Body Blitz - <i>Geoff</i>	9.30am-10.25am	Non members £5	■
	Legs, Bums & Tums - <i>Sammi</i>	10.30am-11.25am	Non members £5	■
	Parent and Teen Gym	11.00am-12.30pm	£3 per session	■
Sunday	Pilates (mixed ability) - <i>Colleen</i>	10.00am-10.55am	Non members £5	■
	Parent and Teen Gym	11.00am-12.30pm	£3 per session	■

Free to members ■ Members £2 ■ 10 Session passes available ■ Prepaid enrolment required ■

Classes: If less than 3 people attend a class the instructor may cancel the class on that day. Management reserve the right to cancel or reduce the number of classes on offer at any time at short notice. There are no refunds available for members as a consequence of any changes made to the class timetable. **Courses:** Please note that Pilates and Yoga courses except Sunday/Wednesday Pilates must be booked at the Community Enterprise Office 023 8069 2678. **Pump it, Spin, Gym Circuits** classes must be pre-booked via the Fitness Team on 023 8060 3229. Places are issued on a first come first served basis. **Price:** Selected classes available free to Monthly and Annual Sport and Fitness Members. Non members prices vary depending on class type and time.



'Through sport we're helping foster positive changes in lifestyle and attitude'

KMA Sports Academy helps build character and fitness through our martial arts based Taekwondo classes for adults and children, from 4 years old.

Classes are held at Wyvern Community College on Wednesdays for all ages all abilities.

Time: 7pm - 8.30pm

Classes are run by Senior Coach, Des Day who is ex GB Team member and previous National Team GB coach.

First Session is FREE!



Eastleigh & Southampton Karate Club is a non-profit karate club practising traditional Shotokan Karate.

The Club welcomes all levels of ability and expertise, from complete beginners to experienced students, adults and children aged 7 years upwards.

If you are interested in learning a fascinating Martial Art for self-defence, improving fitness, self confidence, or pleasure, please come along to one of our classes.

Legs, Bums & Tums



Coming soon to the weekday timetable at Wyvern Sport and Fitness, a new additional Legs, Bums and Tums class. Due to the increasing popularity of the Saturday morning class, a second LBT class is being introduced to our fitness class schedule.

The new class will be versatile, suitable for everyone to come and have a go, whatever your current ability, fitness level, shape, size, gender or age.

So what can you expect from the Class? After an energising warm-up to prepare for the work ahead, as the name suggests we will work on specific exercises to target and tone those legs, bums and tums!

So come and join us, give it a go!

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1. There are 3 macronutrients
2. Fasted cardio is essential for fat loss.
3. To continually improve upon muscle size, strength & endurance, you must continually increase the demands on the musculoskeletal system.
4. The squat is not a compound movement.
5. A female will become big and bulky if she lifts weights.

1. True – Carbohydrates, Proteins and Fats.
2. False – A controlled caloric deficit will aid fat loss.
3. True – This is referred to as progressive overload.
4. False – The squat is a compound movement
5. False – Females do not produce anywhere near the amount of testosterone required to build large, bulky muscles.

Answers:



MUGA (Multi Use Games Area)
Evening slots - Wed, Thu, Fri - 2100-2200
Saturday off peak slots - 1300-1600
Available Now

Off peak slots available at discounted rates - 25% off list price

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 www.wyverncommunity.co.uk



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SPORTS NEWS

Wyvern Short Mat Bowls Club was established some 22 years ago in 1995 by members of the Fleming Park Bowls Club. We are a friendly club playing in the Dance Studio at Wyvern College every Thursday from 7.30pm to 9.30pm and Saturdays from 2.00pm to 4.00pm.

Short mat bowls is based on the outdoor sport of lawn bowls so many of the rules are adaptations of the outdoor game, with the basic aim being to deliver as many woods (bowls) as possible nearer to the smaller target bowl (the jack) than any of the opposition's woods. We play on mats 45 feet long by 6 feet wide.

In addition to our twice weekly meetings, members can play in friendly matches against other

local clubs if they wish over the winter season. Every April, members are invited to join us on our trip to Warners Hotel, Bembridge, IOW for a four-day bowling break.

Whether you are a beginner or an experienced player or looking to try this form of the game for the first time, you can be sure of a warm welcome, so why not take that first step and get in touch? It is recognised as an ideal game for the older generation, which most of our members are, however we welcome anyone to join. If you are interested in joining, we offer three free trial sessions, so please come along and meet us, or contact Eric Wright on 023 80 693 490 for more information.

Wyvern Short Mat Bowls Club



Wyvern Gymnastics Club Success

Wyvern gymnasts enjoyed great success at the recent Spitfire Gymnastics Club competition.

A selection of medals was awarded across the full range of age categories – silver in the 8 year olds, gold in the 9 year olds, gold and 4th in the 10 year olds, gold, silver and bronze in the 11 year olds, silver and bronze in the 12 year olds, and gold and silver in the teen age groups.

There were also some brilliant first time performances for the rest of the gymnasts who entered, resulting in a great experience for everyone.

